

## 5 Common Myths About Laser Vision Correction – Debunked!



Laser vision correction has helped millions around the world achieve clearer vision without glasses. Yet, despite the technological progress, many myths persist. Here on the Sunshine Coast, it's time to set the record straight.

### 1. “Laser surgery is painful”

This is probably the most common fear but thanks to modern technology and anaesthetic eye drops, today's procedures are almost entirely **painless**. Patients may feel slight pressure for a few seconds

during parts of the procedure, but there is **no sharp pain**.

Procedures like **FEMTO LASIK** and **SMILE PRO** are performed using advanced femtosecond lasers, like the **ZEISS VisuMax 800**, which operate with extraordinary precision. This means gentler treatment, faster healing, and minimal discomfort during or after surgery.

### 2. “You can go blind from it”

This is an understandably frightening thought, but it's also a **myth**. Vision threatening complications are extremely rare. In fact, long-term contact lens wear carries greater risk for infection or corneal damage. Today's technology includes real-time eye tracking and built-in safety checks for added precision and protection.

### 3. “It doesn't last”

Many people mistakenly believe that laser surgery is a temporary fix. Here's the truth: For most people, the effects of laser correction are permanent. Once the shape of the cornea is corrected, your prescription generally remains stable, especially if your vision was stable before surgery. However, normal ageing (like presbyopia) may require enhancement later. Newer techniques like **PRESBYOND** now address these age-related changes effectively.

#### **4. “It’s only for young people”**

Not true. While laser vision correction is popular with younger people wanting to ditch their glasses or contact lenses, it’s equally suitable for people in their **40s, 50s, 60s, and even 70s**, provided they’re good candidates. With options like PRESBYOND and clear lens exchange, even patients in their 50s or 60s can benefit, provided they’re suitable candidates. Age alone doesn’t disqualify you.

#### **5. “All laser surgeries are the same”**

Just like no two eyes are alike, no single laser surgery suits everyone. Different methods suit different eyes. At EyeHub, we offer customized options, from SMILE PRO, LASIK to PRESBYOND, based on your visual goals, eye anatomy, and lifestyle needs. Each has unique strengths and is tailored to suit different eye shapes, prescriptions, and lifestyle needs.

Laser vision correction today is safe, fast, and personalised. If you're tired of glasses, or you're just curious about your options, consider speaking with an experienced refractive surgeon. You might discover that the clear, glasses-free life you've always imagined is well within reach.